



**A PERSONAL PRAYER GUIDE**

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# PRAY FIRST

Dear Reader,

Since the beginning of our church in 2011, we have set our hearts to be a people of prayer. Our rally cry has simply been, “Pray First.” In every situation, whether good or bad, we try to pray before we act. Many times people act first and then want God to bail them out of that situation, but prayer should be our first response, not our last resort.

Understanding the necessity of prayer is not enough. In order for it to become a part of our life, it needs to become something we look forward to doing. I’m convinced most people don’t enjoy prayer because they have never been taught how to pray. That’s where this simple prayer journal can help. Using several prayer models out of the Bible and having some guides to make prayer more personal, this booklet is designed to bring joy into your time with God. When you discover the beauty of daily conversation with Him, you’ll experience the presence of God that will change your life.

Once you learn how to pray, prayer can become a part of everyday life. And then...

Before the day begins  
Before you go to bed  
Before you go to work or school  
Before you send that text  
Before you eat, drive or travel  
When bad things happen  
Before bad things happen  
In every situation—PRAY FIRST!

Prayer changes everything!

A handwritten signature in black ink that reads "Tracy Boyd". The signature is written in a cursive, flowing style.

Pastor Tracy Boyd



**LIFESTYLE PRAYER**

# LIFESTYLE PRAYER

How do we make prayer a part of our everyday life? We can learn from three things that Jesus did...

*Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed (Mark 1:35).*

- A CERTAIN TIME

Jesus got up very early in the morning to spend time with His Heavenly Father. In order for prayer to work, we should do the same. Make a daily appointment with God and keep it.

- A CERTAIN PLACE

Jesus had a prayer place. Your prayer place needs to be an undistracted environment where you can pray out loud and perhaps have some worship music playing in the background.

- A CERTAIN PLAN

Go into your prayer time with a plan. If it changes that's fine. When Jesus taught His disciples how to pray, He gave His disciples a prayer outline. We call it the Lord's Prayer. This outline, along with several other tools, is available in this booklet.



**THE LORD'S PRAYER**

# THE LORD'S PRAYER

*One day Jesus was praying in a certain place. When He finished, one of his disciples said to him, "Lord, teach us to pray..." (Luke 11:1).*

*"Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one, for yours is the kingdom and the power and the glory forever"  
(Matthew 6:9-13).*

“Our Father in heaven...”

## 1. CONNECT WITH GOD RELATIONALLY

*You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father"  
(Romans 8:15 NLT).*

God loves for us to call Him our Father. Establish your intimate relationship with Him and thank Him for the relationship you have with Him.

“...Hallowed be Your Name...”

## 2. WORSHIP HIS NAME

*God's name is a place of protection—the righteous can run there and be safe (Proverbs 18:10 MSG).*

What are His Names?

God is my Righteousness – I am forever forgiven and loved by You

God is my Sanctifier – You have called me and set me apart

God is my Healer – You heal all my diseases

God is my Banner of Victory – I am victorious, for you have defeated my enemy

God is my Shepherd – You speak to me and lead me

God is my Peace – You are my peace in every storm

God is my Provider – You supply all of my needs

“...Your Kingdom come, Your will be done  
on earth as it is in heaven...”

### **3. PRAY HIS AGENDA FIRST**

*He will always give you all you need from day to day if you will  
make the Kingdom of God your primary concern  
(Luke 12:31 TLB).*

God's priorities:

Saving the Lost

Guiding those in authority – spiritual, governmental

His will in us – yourself, your family, your market place, your city and  
country

“...Give us this day our daily bread...”

### **4. DEPEND ON HIM FOR EVERYTHING**

*I look up to the mountains—does my help come from there?  
My help comes from the Lord, who made heaven and earth!  
(Psalm 121:1-2 NLT).*

Ask God for what you want and need and then trust and thank Him for  
the answer.

“...Forgive us our debts as we forgive our  
debtors...”

### **5. GET YOUR HEART RIGHT WITH GOD AND PEOPLE**

*If we confess our sins, He is faithful and just and will forgive us  
our sins and purify us from all unrighteousness  
(1 John 1:9).*

Ask God to check your heart and motives. Receive His forgiveness  
for any area that He brings to mind.

Forgive anyone who has offended you in any way. You can even forgive  
people in advance.



“...And do not lead us into temptation but deliver us from the evil one...”

## 6. ENGAGE IN SPIRITUAL WARFARE

*For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms (Ephesians 6:12).*

Take your stand against the enemy and fight the good fight of faith. Every lie that the enemy has told you should be replaced with the truth of God's Word.

**(Recite Psalm 91)**

“...For yours is the Kingdom and the Power and the Glory forever.”

## 7. EXPRESS FAITH IN GOD'S ABILITY

*“Ah, Sovereign LORD, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you” (Jeremiah 32:17).*

End your prayer time by reminding yourself of God's ability. Return to praise and make your faith declarations.

“Yours is the Kingdom” – all rule belongs to You

“Yours is the Power” – all mightiness flows from You

“Yours is the Glory” – Your victory shall be complete

# THE LORD'S PRAYER: OUTLINE

## 1. OUR FATHER WHICH ART IN HEAVEN

Reaffirm your position as being a son/daughter/child of God and that He loves you.

Reaffirm your position as being forgiven.

***Example:** Dear Heavenly Father, I come to You in the Name of Jesus (John 14:6). I am so grateful for this day and I know You are with me right now. I know that You love me or else You wouldn't have sent Your Son to die for me (John 3:16). I boldly approach Your throne of Grace right now to receive Your mercy (Hebrew 4:16). I am so grateful that Your mercy is new every morning (Lamentations 3:22-23). I thank you that I am the righteousness of God in Christ Jesus and today I receive your abundance of Grace and the gift of righteousness to reign over every situation in my life through Jesus Christ (2 Corinthians 5:21, Romans 5:17). I thank You for seeing me through the blood of Christ. I am so grateful that there is forgiveness for me today. I remain teachable and open to Your direction for my life today, Father. I choose to keep short accounts with everyone.*

Ask for the help of the Holy Spirit.

***Example:** I ask that Your Holy Spirit guide and lead me today into the truth of Your Word (John 16:13). My body is the temple of the Holy Spirit, so I know that You are working through me today (1 Cor 6:19). Holy Spirit, lead me into the presence of God to pray the perfect will of the Father today. I trust You. I love You. I know that You are here with me, hearing me as I pray.*

## 2. HALLOWED BY THY NAME

Begin with a heart of thanksgiving, with Praise and Worship. As you worship God for who He is, He becomes that in your life!

***Example:** I worship You today and thank You for who You are to me. You are everything that I need*

- Jehovah-Tsidkenu - **“the Lord Our righteousness”**

***Example:** Thank You for being my righteousness; You have made me righteous through Your Son (2 Cor. 5:21).*

- Jehovah-Shalom - **“the Lord our peace”**

**Example:** *Thank You for being my peace today. You said the peace that passes all understanding would guard my mind through Christ, so I worship You for keeping me in Your perfect peace in every situation that arises today (Philippians 4:7).*

- Jehovah-Shammah - **“the Lord is present”**

**Example:** *Thank You for being my ever-present God. You said You would never leave me or forsake me (Hebrews 1:4). Your perfect Love casts out all fear (1 John 4:18). No matter what I face today, You are walking through it with me.*

- Jehovah-Rapha - **“the Lord that heals”**

**Example:** *Thank You for being my healer today, Father God. I know that it is You, God, who keeps me healthy. You said that the same Spirit that raised Jesus Christ from the dead dwells in us and quickens our bodies to health (Romans 8:11). I worship You for making me strong and healthy. I believe that throughout the day Your power is keeping anything from coming against my body.*

- Jehovah-Jirah - **“the Lord will provide”**

**Example:** *Thank You for being my provider. You said that You would provide all of our needs according to Your riches in glory (Philippians 4:19). I worship You and thank You for Your great care in providing every need I have. I know You are working behind the scenes to take care of me. You are my perfect provider.*

- Jehovah-Nissi - **“the Lord our banner” or “victory”**

**Example:** *Thank You for being my Banner of Victory today, Father. You said that if You are for us who can be against us (Romans 8:31). I am already a winner because You are on my side. I believe You are fighting every battle that comes my way today, for You said the battle is the Lord's and the victory is mine (2 Chron. 20:15).*

- Jehovah-Aaah - **“the Lord my shepherd”**

**Example:** *I worship You for being my great shepherd. You said that the steps of a righteous man are ordered by You (Psalm 37:23). I thank You that You have given me the Holy Spirit who is giving me Your wisdom to follow Your leading today (John 14:16, 26). As my shepherd, I believe You are leading me in great paths of favor today. Thank You for keeping me in Your perfect will.*

**This is a great opportunity to put in a worship CD and simply worship along with the CD.**

### **3. THY KINGDOM COME THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN**

**Expect God’s kingdom to come into your sphere of influence: Our country, state, cities, church leadership and family**

**Example:** *I pray Your kingdom come, Your will be done in our county, state and cities. You said in Your Word that I should pray for our leaders so that we would live at peace (1 Tim 2:2). Thank You for leading the decision makers in this country, state, and city today, Father God. I declare no weapon formed against our leadership shall prosper (Isaiah 54:17). I recognize that principalities and rulers of darkness war against our leadership, so I bind them, rendering them harmless and ineffective against our leadership (Ephesians 6:12). I thank You for wisdom, courage and strength for our leadership. Father, I believe that Your Holy Spirit is influencing our leaders to follow Your perfect will. I know that as soon as I pray You are working on my behalf, guiding the decisions in this nation today (John 16:13). I declare that Godly men and women are rising into strategic positions of leadership. I declare that You are drawing leaders, who do not know You, to Jesus Christ Your Son.*

**\*Specific names of leaders in your community can be added to your prayer**

**Example:** *Father, I pray Your kingdom come Your will be done in my Family. I declare Your favor is on every area of our lives. Your love, joy and peace permeate my home. My family is kept by the power of Your Word (1 Peter 1:5). Father I know out of Your great love You are shaping my family, by Your Holy Spirit, to become more and more like You so I can be an extension of Jesus Christ wherever I go. Multitudes of people are coming to the saving knowledge of Christ through my family. As for me and my house we will serve the Lord (Joshua 24:15)! Father, I believe You are guiding me, as I make decisions at work, at home, and with my family today. I thank You that those decisions reflect You today.*

**\*Specific names of family members (spouse, children, etc...) should be added to your prayer.**

**Example:** *Father, I pray Your kingdom come Your will be done in our church. I declare that our Pastor and leadership is filled with the knowledge of Your will in all spiritual wisdom and understanding (Col 1:9). They hear Your voice and the voice of a strange they will not follow (John 10:4-5). Father You are guiding every decision, lining it up with Your perfect will. I declare that resources are released to grow every area of ministry so we can impact our community for Jesus Christ, causing multitudes to make decisions to follow Christ. I thank You for trusting us to minister to people today, Father. I ask that You touch and increase each ministry area (youth, children's, small groups, men's, women's, etc). Father, I believe that You are strengthening, upholding and providing for our leadership today. I know that You have growth in mind when it comes to the Body of Christ, so I activate that today. Father I believe that You are touching our members with passionate zeal to touch people for Christ.*

**\*Specific names of leaders in your church community can be added to your prayer.**

**Example:** *Father, I pray Your kingdom come Your will be done in our workplace today. I thank You that You are giving me Your ideas to better my work place. I choose to treat this company as if it were my own. I thank You for promoting me! I believe this company is increasing and growing. I thank You for helping me to be a tremendous light to everyone around me so that many will come to know Jesus Christ. Show me ways to witness. You said You would make our lips like the pen of a ready writer, so I thank You for giving me the perfect words and actions in order to add people to the Body of Christ (Psalm 45:1).*

#### **4. GIVE US THIS DAY OUR DAILY BREAD**

**Petition God for your specific needs: spiritual, family , physical, emotional, social, material and financial**

**Always thank God that you have received what you have prayed for: see it done!**

**Example:** *As You did for the Israelites when You gave them fresh manna every morning, I ask for the same for me today, Father God. Thank You for having Your hand on my physical body, my family, emotional, social, material and financial needs today. Whatever need rises up, I know that You're looking out for us and touching us today.*

**\*This is where we can get specific with the current needs that are affecting our lives right now. Don't stop speaking God's promises over those areas until you see change!**

## **5. FORGIVE US OUR DEBTS AS I FORGIVE OTHERS**

**Examine to see if there is an unforgiveness that needs to be addressed; set our minds to walk in forgiveness.**

**Example:** *Father, I know if I have anything in my heart against anyone, it blocks my ability to receive from you (Psalm 66:18, Proverbs 28:13). I know You want me to forgive the way I want to be forgiven (Mark 11:24), so I thank You for showing me anything that may have crept into my heart so that I can forgive and get past it. You work miracles through a clean heart, so I keep an open heart to You. I forgive anyone that may have trespassed against me, and I ask that You show me anyone that may have something against me today, so that I can clear it up. I thank You for Your forgiveness in everything. I recognize that I am human and that You are always in place of forgiveness towards me no matter how difficult the situation is.*

## **6. LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM THE EVIL ONE**

**Pray God's protection and sensitivity to avoid evil.**

**Example:** *Father, I put on Your full armor today to resist any plans the enemy may have against me (Ephesians 6: 14-17).*

**Example:** *Thank You for Your hedge of protection around me (and my family) as I go through my day. I thank You that Your ministering spirits are watching over us (Hebrews 1:14) and the promises of Psalm 91 protect us.*

## **7. FOR YOURS IN THE KINGDOM AND THE POWER AND THE GLORY FOREVER**

**Return to thanksgiving and praise for all God will do for you this day!**

**Example:** *Father, I am so grateful the Greater One lives within me. I know that with You I can conquer anything today. I worship You for the honor of walking with You throughout my day, being led by You every step of the way.*

**Example:** *I thank You and praise You for hearing my heart and for all that has been accomplished in our time together.*

**Example:** *I praise You for answered prayers in advance. I have faith that You are with me and hearing my every prayer. Thank You again Father, in Jesus Name. Amen.*

**Possible scriptures to stand on:**

1 Corinthians 1:30; 1 Corinthians 1:30; Galatians 3:13; Philippians 4:7;  
Matthew 28:20; Isaiah 53:4; Philippians 4:19; Psalm 23:1; John 10:4-5

**Yourself:** Proverbs 16:3 & 9, 1 John 2:27, James 1:5,  
Colossians 1:9 & 10

**Husband:** Isaiah 48:17, Proverbs 3:26, Ephesians 1:17-19, James 1:5,  
Colossians 1:9 & 10

**Wife:** Proverbs 31:10-31

**Children:** Ephesians 6:4, Proverbs 22:6, 1 Peter 5:7

**Finances:** 3 John 2, Proverbs 8:20-21, Proverbs 10:22, Philippians 4:19

**Health:** Isaiah 53:4-5, 1 Peter 2:24, Romans 8:11, Exodus 15:26

**Pastor:** Ephesians 1:17-19, 6:19-20, Isaiah 61:1

**Leadership:** (other pastors, ministers, connect leaders, ministry of  
helps, etc.) Colossians 1:9-14, Ephesians 4:11-16

**Region:** Jeremiah 29:7 & 11, Acts 26:18, 2 Corinthians 4:4,  
Isaiah 43:5 & 6

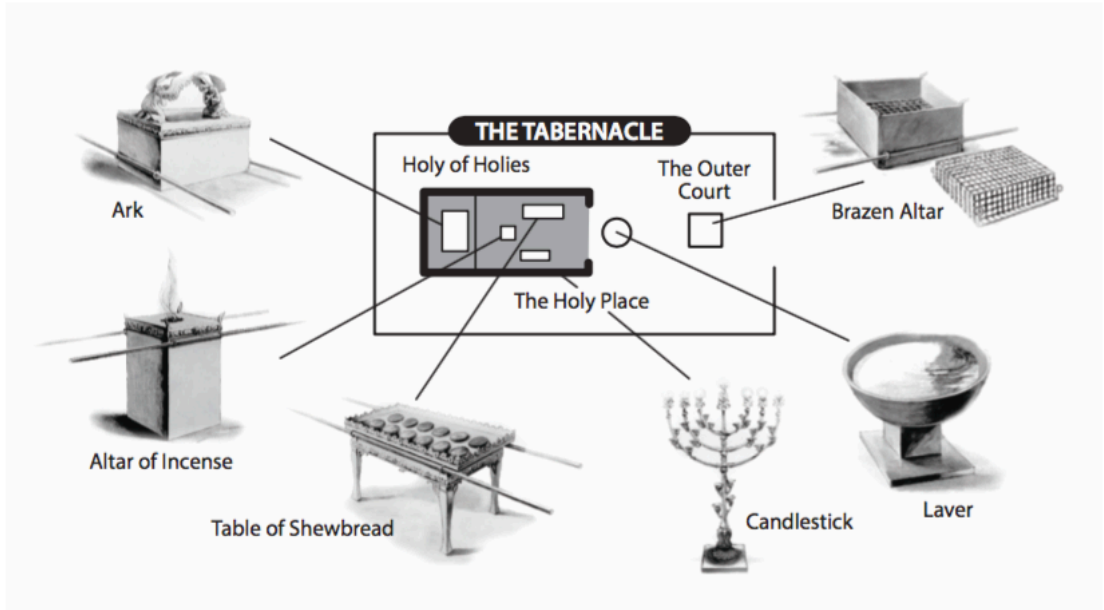
**Nation:** 1 Timothy 2:1



**TABERNACLE PRAYER**



# TABERNACLE PRAYER



The Tabernacle was the dwelling place of God where He met His people. As they entered the Tabernacle, they passed through seven stations as a protocol to God's presence. Today, these same steps can help us to connect with God and lead us through important elements of prayer.

## 1. THE OUTER COURT – THANKSGIVING AND PRAISE

*Enter his gates with thanksgiving and his courts with praise;  
give thanks to him and praise his name (Psalm 100:4).*

As the people of God entered the Tabernacle, they came in with thanksgiving on their lips. Thanking God for all the blessings in your life is a great way to begin. Every day, think of a fresh reason why you love and appreciate God.

## 2. THE BRAZEN ALTAR – THE CROSS OF JESUS

*Praise the LORD, my soul, and forget not all his benefits— who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's (Psalm 103:2-5).*

In the Old Testament, everyone who had committed sin had to bring animal sacrifices. Jesus paid for all your sins once and for all. You simply need to receive the benefits of what Jesus did for you.

Salvation – God forgives all my sin  
Healing – God heals all my diseases  
Redemption – God rescues me from every attack  
Transformation – God puts His love in me  
Provision – God provides everything I need

## 3. THE LAVER – CLEANSING AND PREPARING

*Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship (Romans 12:1).*

The next step in the Tabernacle was a bowl of water where people could wash. Checking your hearts and motives and then surrendering your life to God is an important part of daily prayer. Here are some ways to keep your heart right with God.

Repent from any known sin.

Offer your body to God.

Your tongue – to speak good and not evil  
Your eyes – to see God and the needs of others  
Your ears – to be sensitive to His voice  
Your hands – to do good to others  
Your feet – to walk in God's ways

Offer your mind to God (Philippians 4:8; Romans 12:2).

Release the fruit of the Spirit (Galatians 5:22-23).

Refuse any temptation or sin to dominate your life.

#### 4. THE CANDLESTICK – THE HOLY SPIRIT

*The Spirit of the LORD will rest on him— the Spirit of wisdom and of understanding, the Spirit of counsel and of might, the Spirit of the knowledge and fear of the LORD  
(Isaiah 11:2).*

*And I will pray the Father, and He will give you another Helper, that He may abide with you forever  
(John 14:16)*

The next piece of furniture in the Tabernacle was a seven- branched golden candlestick. The fire represents the Holy Spirit. Every day you should invite the presence of the Holy Spirit into your life. He wants to comfort, counsel and strengthen you.

The Spirit of the Lord  
The Spirit of Wisdom  
The Spirit of Understanding  
The Spirit of Counsel  
The Spirit of Might  
The Spirit of Knowledge  
The Reverence of the  
Lord

*You should also ask God to give you spiritual gifts  
(1 Corinthians 12:8-10).*

**Declare that the Holy Spirit is leading and guiding you.**

#### 5. THE TABLE OF SHEWBREAD – THE WORD OF GOD

*Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful  
(Joshua 1:8).*

A table with twelve loaves of bread represents the importance of reading God's Word for daily sustenance. With this in mind, here are ways to nourish your soul:

Read God's Word.  
Claim His many great promises.  
Ask for fresh revelation of the Word.  
Take time to read and meditate on the Word.  
Get a Word for the day.

## 6. THE ALTAR OF INCENSE – WORSHIP

*The name of the LORD is a strong tower; the righteous run to it and are safe (Proverbs 18:10).*

A small altar of burning incense stood at the entrance to the Holy of Holies, where God's presence dwelt. This altar represents worship. The people of God literally entered God's presence worshipping the Names of God, including:

God is My Righteousness – Jeremiah 23:6  
God is My Sanctifier – Leviticus 20:7-8  
God is My Healer – Exodus 15:26  
God is My Provider – Genesis 22:14  
God is My Banner of Victory – Exodus 17:15  
God is My Peace – Judges 6:24  
God is My Shepherd – Psalm 23:1  
God is Always There – Ezekiel 48:35

## 7. THE ARK OF THE COVENANT – INTERCESSION

*I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to knowledge of the truth (1 Timothy 2:1-4).*

The final place in the Tabernacle was the place where God's presence dwelt. It was there that the priest interceded on behalf of the people. In the New Testament, you and I are all called priests and instructed to intercede for others.

Those in authority – spiritual, civil, family, and workplace  
My family  
My church – pastor, small group, members, and vision/mission  
My city, nation, and world  
My needs



**PRAYER AND SCRIPTURE  
DEVOTIONAL**

# PRAYER AND SCRIPTURE DEVOTIONAL

This is a great prayer outline mixed with Scripture readings. Simply walk through the outline while you look up the passages of Scripture.

## **1. THANKSGIVING AND PRAISE – PRESENT YOURSELF TO GOD (MARK 12:30)**

Think of a fresh reason to thank Him (Psalm 100:4, 118:24).

Present your body in worship (Romans 12:1; Psalm 63:3-4) by:

- Kneeling before Him as your Lord
- Lifting your hands to Him as your Source
- Standing in praise before Him as your King
- Clapping your hands with rejoicing
- Dancing with joy as a child
- Bowing your head in humility

Sing a new song to Him (Psalm 96:1-2; Colossians 3:16).

Invite Holy Spirit assisted praise (Jude 20; 1 Corinthians 14:15).

## **2. CONFESSION AND CLEANSING – PRESENT YOUR HEART TO GOD (PROVERBS 4:23)**

Ask God to search your heart (Psalm 139:23-24) for:

- Sin – receive cleansing and righteousness
- Selfishness – receive holiness and sanctification
- Stress – receive life and power
- Sickness – receive healing and strength

Remember the danger of self-deception (Jeremiah 17:9; 1 John 1:6-10).

Set a monitor on your mouth and heart (Psalm 19:14, 49:3).

Ask God to help you keep His purposes and goals in view (Psalm 90:12; Philippians 3:13-14).

### **3. ORDER AND OBEDIENCE – PRESENT YOUR DAY TO GOD (PSALM 37:5)**

Present the day's details (Psalm 37:4-5, 31:14-15; Deuteronomy 33:25):

Choose the reverence of the  
Lord. Commit your works to  
God.

Indicate your dependence upon God (Proverbs 3:5-7; Psalm 131:1-3).

Request specific direction for actions and decisions (Psalm 25:4-5; Isaiah 30:21).

Choose to obey God's explicit instructions (Matthew 6:11, 7:7-8).

In the Word of God  
By choosing to do His will



**WARFARE PRAYERS**



# WARFARE PRAYERS

Prayer is not only communion with God; it is confrontation with the enemy. These prayers are very helpful in spiritual warfare.

*Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the Gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the Word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people (Ephesians 6:11-18).*

## **THE ARMOR OF GOD**

(Based on Ephesians 6:13-17)

“Thank You, Lord, for my salvation. I receive it in a new and fresh way from You and I declare that nothing can separate me from the love of Christ and the place I have in Your kingdom. I wear Your righteousness today against all condemnation and corruption. Cover me with Your holiness and purity—defend me from all assaults against my heart. Lord, I put on the belt of truth. I choose a lifestyle of honesty and integrity. Expose the lies I have believed, and show me the truths I need today. I choose to live for the Gospel in every moment. Show me where You are working and lead me to it. Give me strength to walk daily with You. I believe that You are powerful against every lie and assault of the enemy. You have good in store for me. Nothing is coming today that can overcome me because You are with me. Holy Spirit, show

me the truths of the Word of God that I will need to counter the traps of the enemy. Bring those Scriptures to mind today. Finally, Holy Spirit, I agree to walk in step with You in everything as my spirit communes with You in prayer throughout the day.”

## **THE WEAPONS OF WARFARE**

(Based on 2 Corinthians 10:4-5)

“Father, Your Word says that no weapon formed against me shall prosper (Isaiah 54:17). Therefore I declare that no weapon formed against me prospers this day or any day to come in Jesus’ name. Your Word says that trouble will not arise a second time (Nahum 1:9). Therefore I declare that Satan cannot make trouble for me again, in this manner, as he did in the past in Jesus’ name. I declare all of these prayers accomplished and brought to pass by trusting you through faith and expectation in the name of Jesus.

Lord Jesus, I confess to You all of my sins this day, yesterday and every day past. I repent and renounce them, those known and unknown, those of omission and commission, in what I have done and in what I have failed to do. I lay down at Your feet all of the sins of the flesh, the tongue, and of the heart, and all unholy thoughts and actions. Thank You, Lord, for shedding Your precious blood for me.

I stand on Your Word. The enemy is driven out from before me, above me, around me, and below me; from my home, workplace, church and its ministries, children, and loved ones; from my works and labors, land, and my presence. I declare that he is not able to stand against me, and his works are taken captive and destroyed. No weapon formed against me will prosper, for the Spirit of the Lord shall raise a standard against them. I declare all of these things accomplished by Your Word. Jesus, my Lord, I give You thanksgiving, praise, glory, honor and worship for Your righteousness and holiness given to me by Your Word on my behalf.”

## **PROTECTION PRAYER**

(based on 2 Corinthians 6:14-7:1, 10:3-5; Romans 12:1-2)

“Heavenly Father, I bow in worship and praise before You. I cover myself with the blood of the Lord Jesus Christ as my protection. I surrender myself completely and unreservedly in every area of my life to You. I submit myself only to the true and living God and refuse any involvement of the enemy in my life. I choose to be transformed by the renewing of my mind. I pull down every thought that exalts itself against the knowledge of Christ. I pray and thank you for a sound mind, the mind of Christ.

Today and every day I ask for protection over my spouse; each of my children; our immediate family members, relatives, friends, acquaintances and myself. I also ask today for protection during all of our travels; for our provision, finances, possessions, health, safety, and welfare. I put all of these things under the covering of Your precious blood and declare that Satan cannot touch them, on this day or any day to come.”

## **GENERAL CONFESSION PRAYER**

(Based on Romans 10:10; James 5:16; I John 1:7-9, 3:8)

“Lord Jesus, I believe that You are the Son of God. You are the Messiah, come in the flesh to destroy the works of the devil. You died on the cross for my sins and rose again the third day from the dead. I now confess all my sins and repent. I receive your forgiveness and ask you to cleanse me from all sin. Thank You for redeeming me, cleansing me, justifying me, and sanctifying me in Your blood.”

## **FORGIVENESS PRAYER**

(Based on Matthew 6:14-15; Leviticus 19:18)

“Lord, I have a confession to make. I have not loved, but have resented certain people and have unforgiveness in my heart. I call upon You, Lord, to help me forgive them. I do now forgive (name them). I also forgive and accept myself in the name of Jesus Christ.”

## **PRIDE PRAYER**

(Based on Proverbs 11:2, 16:18, 26:12; 1 Timothy 3:6)

“Father, I come to You in the name of the Lord Jesus Christ. I know pride is an abomination to You. I renounce anything that would cause me to have pride in my heart in dealing with other people. I renounce these and turn away from them. I humble myself before You and come to You as a little child.”

Study Proverbs 6:16-19 and remember that fasting is a means by which a person humbles himself before the Lord.

## **GENERATIONAL BONDAGE PRAYER**

(Based on Exodus 20:4-6, 34:7; Numbers 14:18)

“In the name of the Lord Jesus Christ, I now renounce, break, and loose myself from all bondages or bonds of physical or mental illness upon me, my family or family line as the result of parents or any other ancestors. I thank You, Lord, for setting me free.”



## **PERSONAL PRAYER TARGETS**

# PERSONAL PRAYER TARGETS

*I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth (1 Timothy 2:1-4).*

Pray for those in authority and those under your authority.

## MY GOVERNMENT

President \_\_\_\_\_

National leaders \_\_\_\_\_

State leaders \_\_\_\_\_

City leaders \_\_\_\_\_

## MY FAMILY

Spouse \_\_\_\_\_

Children \_\_\_\_\_

Parents \_\_\_\_\_

Siblings \_\_\_\_\_

Extended family \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MY CHURCH**

Pastor \_\_\_\_\_

Small group leader \_\_\_\_\_

Small group members \_\_\_\_\_

\_\_\_\_\_

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**MY LIFE**

Employer \_\_\_\_\_

Co-workers \_\_\_\_\_

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Employees \_\_\_\_\_

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Teachers/Professors \_\_\_\_\_

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**THOSE I INFLUENCE**

Close friends

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**THOSE WHO NEED GOD**

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## **1. PRAY THAT THE FATHER WOULD DRAW THEM TO JESUS**

*No one can come to me unless the Father who sent me draws him (John 6:44).*

## **2. BIND THE SPIRIT THAT BLINDS THEIR MINDS**

*The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ, who is the image of God (2 Corinthians 4:4).*

## **3. LOOSE THE SPIRIT OF ADOPTION (SONSHIP)**

*For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, "Abba, Father" (Romans 8:15).*

## **4. PRAY THAT OTHER BELIEVERS WILL CROSS THEIR PATHS AND ENTER INTO POSITIVE RELATIONSHIPS WITH THEM**

*Ask the Lord of the harvest, therefore, to send out workers into his harvest field (Matthew 9:38).*

## **5. LOOSE THE SPIRIT OF WISDOM AND REVELATION ON THEM SO THEY MAY KNOW GOD BETTER**

*I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better (Ephesians 1:17).*









# MY PRAYER JOURNAL

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